## 

To all A.S.D.

To all Technicians and U.d.G.

Their locations.

The ENDAS and the UNITAM with the patronage of the Municipality of Sorrento, organize the first "International City of Sorrento Trophy of Taekwondo Song Moo Kwan".

Competition of Forms and Fighting for the Beginners, Cadets, Junior, Senior and over 35 categories, male and female, on 25 and 26 January 2020.

**COMPETITION OFFICE:**

**PALAZZETTO DELLO SPORT - Via Atigliana, 27B - 80067 - Sorrento (NA).**

**PROGRAM AND TIMETABLE:**

**SATURDAY 25 January 2020:**

1.30 PM: I meet all the athletes in the categories.

Company and athletes accreditation, registration verification.

2.30 PM: Briefing coach and match officials.

3.00 PM: Start of taegeuk / poomsae competitions all the categories Eliminations - Finals - awards.

5.30 PM - 7.00 PM: in the area reserved for the purpose: weight operations for athletes registered for the combat race

**SUNDAY 26th January 2020:**

08.30 AM: Meeting all the athletes categories Accreditation operations completion.

09.00 AM: Briefing coach and competition officials

09.30 AM: Start of races: Eliminatory rounds - Semifinals - Finals.

\*1.00 PM about: Lunch break (\*): approximate timetable

2.00 PM: Continuation of competitions and awards

**ADMISSION TO RACES:**

The athletes of the companies will be admitted to the competitions and within and no later than h.24.00 on Sunday 12th January 2020 they will have forwarded regular registration through the enclosed forms, completed in every part and signed by the head of the sports club and sent EXCLUSIVELY via e- mail to the following address: **unitam@unitam.it**

Entries must be received directly by PC, registrations filled in by hand and / or with missing data will not be accepted. Entries must be accompanied by the relevant fee payment document.

**NO registration will be accepted after the date of 12/01/2020**

**Registration fees:**

**- €.25.00 for each athlete registered for a single competition**

**- € 40.00 for each athlete registered in two individual competitions (forms and combat).**

**The total registration fees for athletes registered for form and combat competitions must be paid in a single solution with**

**C / C POSTAL OR BANK TRANSFER:**

Bank Account in the name of

**UNITAM- UNIONE TAEKWONDO E ARTI MARZIALI A.S.D .**

Dependence 603 Samarate (VA) ITALY

COD. ABI 06230 CAB 50511

IBAN IT24C0623050511000063545691

**Postal current account payable to**

**UNITAM- UNIONE TAEKWONDO E ARTI MARZIALI A.S.D .**

IBAN: IT 23 C 07601 10800 001017867647 numero conto 1017867647

All athletes must be present at the competition venue within the times set in this call for checks of weight, age and grade, necessary to be excluded from the competition.

For further communication, clarifications and verification of registration received, contact the organization:

# *UNITAM secretariat 3714264510*

# *Luigi Signore 3396893462*

# *Vitale Monti 3473165667*

The maximum collaboration of sports clubs and athletes is required in compliance with the above.

**RACE COMBAT RULES**

**RACE RULES: WTF**

**AGE CATEGORIES**

SENIOR 18 - 35 Years (born from 2002 to 1985) **FULL CONTACT**

JUNIOR 15 - 17 Years (born between 2005 and 2003) **FULL CONTACT**

CADETS 13 - 14 Years (born between 2007 and 2006) **FULL CONTACT**

BEGINNING 10-12 Years (born between 2008 and 2010)

**WITHOUT CONTACT TO THE FACE**

HOPE 7-9 Years (born between 2011 and 2013)

**WITHOUT CONTACT TO THE FACE**

**The category is calculated on the thousandth of the year of birth (eg. ALL born in 2008 are 12 years old) except the cat. Junior which has as its limit the completion of the 18th year, date of passage to the cat. Senior.**

**The Hope category will not be counted in the team ranking.**

**For this category, a special round of "Combat Starter Activity" will be organized**

**WEIGHT CATEGORIES**

Male Seniors –54 –58 –63 –68 –74 –80 –87 +87

Women Senior –46 –49 –53 –57 –62 –67 –73 +73

Male Juniors –48 –51 –55 –59 –63 –68 –73 –78 +78

Women Juniors –44 –46 –49 –52 –55 –59 –63 –68 +68

Male Cadets –37 –41 –45 –49 –53 –57 –61 –65 +65

Women Cadets –33 –37 –41 –44 –47 –51 –55 –59 +59

Male/Women Beginners –24 –28 –32 –36 –40 –44 –49 –55 +55

\* Male /Women Hopes –20 –24 –28 –32 –36 –40 –44 –48 +48

**\*(For the hope category, non-competitive but training activity is planned, preparatory to the fighting and the individual results will not be counted in the team ranking)**

**CATEGORIES OF GRADE**

**For all categories:**

Category C: 8th / 5th KUP (Yellow / Green);

Category B: 4th / 1st KUP (Blue / Red);

Category A: Black Belts (1st dan up).

All categories may undergo variations and/or mergers with adjacent categories, compatibly with the number and characteristics of the registered athletes, at the discretion of the organization and the competition jury.

Significant variations will be discussed and shared with the coaches of the athletes concerned

**DURATION OF MEETINGS:**

Hopes / Beginners / Cadets categories: 2 rounds of 1.30 min. with 30 "pause.

Categories Junior and Senior : 2 rounds of 2.00 min. with 1 min. break.

**PROTECTION:**

Mandatory for all: Armor, helmet, shell, shin guard and forearms, mouth guards, gloves and boots.

**THE PARADENTS ARE REQUIRED FOR EVERYONE.**

Athletes who have a fixed orthodontic appliance can participate by using a mouthguard that covers the entire metal device.

Athletes with an orthodontic appliance fixed up to the CADETS category (category in which the blow to the face is allowed) must have the mouthguard and the helmet with the visor, for greater protection.

For the Cadets Junior and Senior categories the meetings will take place with the P.S.S. (electronic breastplates), suitable shoes are therefore necessary and OBLIGATORY.

**COACHES**

Minimum age: 18 years.

Clothing: Overalls and gym shoes, towel for athletes assistance

**MEDICAL AND INSURANCE CERTIFICATES**

Athletes must be in compliance with medical certifications (athletes from 10 years upwards, generic for the other categories), as well as with registrations and insurances imposed by CONI regulations, all under declaration of responsibility by the companies to which they belong.

**POOMSAE INDIVIDUAL RACE REGULATION**

**RULES AND CATEGORIES OF WTF COMPETITION**

The categories with more than 5 athletes will play the first round of the race.

The top 5 will pass in the second round for the awarding of medals.

The categories with less than 5 athletes will perform both rounds of competition for the awarding of medals.

All athletes will have to choose two taegeuk / poomsae from those listed in their category.

Separate categories for men and women (categories with less than three members can be merged)

The 2 competition forms must be different except for the white and yellow belts.

**CATEGORIES FOR AGE AND DEGREES AND RELATED POOMSAE:**

Over 36: from 36 years old onwards (born from 1984 onwards);

Under 35: from 18 to 35 years old (born between 2002 and 1985);

Junior: 15 to 17 years old (born between 2005 and 2003);

Cadets: from 13 to 14 years old (born between 2007 and 2006);

Beginners: from 10 to 12 years old (born between 2010 and 2008):

Hopes: up to 9 years old (born until 2011);

**T**he category is calculated on the thousandth of the year of birth (example: ALL people born in 2002 are 18 years old);

**Category “C”** 8th/5th KUP (Yellow belt/Green).

**Category “B”** 4th/1st KUP (Blue belt/Red).

**Category “A”** Black belt (1st Poom /Dan onwards)

**POOMSAE EXPECTED:**

**Category “C”:** th to 4th tae-geuk

**Category “B”:** 5th to 8th tae-geuk

**Category “A”:** Cadets and Junior: 5th, 6th, 7th, 8th Tae Geuk - Koryo - Keumgang - Tae Baek

**Under 35**: 7th, 8th Tae Geuk - Koryo - Keumgang - Tae Baek, PionWon Shipjin

**Over 36**: Koryo - Keumgang - Tae Baek - PionWon - Shipjin - Ji tae - Hansu

**MEDICAL PRECAUTIONS, ANTI-DOPING MEASURES, AGE AND WEIGHT CATEGORIES**

The companies may not register athletes who have suffered a KO with loss of consciousness in the two months prior to the tournament, subject to a medical examination and a medical declaration of suitability.

The use or administration of drugs or substances included in the IOC anti-doping list is prohibited. The organization can order the execution of examinations and assessment tests; who refuses the execution, will be disqualified and sanctioned.

**LEGAL NOTES, SPECIFICATIONS, ACCOMMODATION, MISCELLANEOUS**

The companies and, for them, their representatives who sign the tender registration forms, declare that they unconditionally accept the rules set out in this call and assume responsibility for compliance with the obligations and requirements, as well as any burden resulting from non-compliance of the same.

**COMPETITION OFFICERS**

Race officials authorized by UNITAM, international or designated by the organization.

The participating companies will be able to offer competition officials, whose names must be promptly communicated for possible designation.

Clothing: Arbitration uniform (dark gray trousers, white shirt, SMK tie) Taekwondo shoes The amount due as a refund will be communicated directly by the organization to all those summoned.

**HOTEL BOOKING AND TRANSPORTATION FROM AIRPORT OR RAILWAY STATION TO SORRENTO**

The Organizing Committee has signed an agreement with the Seduction Vacanze Agency and the Tourist Office and we are able to offer the following conditions:

**For bookings made before December 21st 2019 you will have the following rates:**

4 Star Hotel € .70,00 for double room and for every night.

3-star hotel, landlords, holiday homes, €. 60,00 for double room and for every night.

Prices include breakfast.

**For bookings made from 22 December 2019 and up to the date of the event.**

4-star hotel €. 90,00 for double room and for every night.

3-star hotel, landlords, holiday homes, €. 75,00 for double room and for every night.

Prices include breakfast.

For the movements of the participants, a shuttle service has been provided from the Central Station of Naples or from the Capodichino Airport under the following conditions:

For groups of 4 - 8 - 19 people €. 15,00 each;

For groups of 34 - 52 people €. 12,00 each.

**We have also agreed with some restaurants the following prices:**

Pizza menu €. 10,00

Meat based menu €. 15,00

Fish based menu €. 20,00

The menus will be 2 courses and will not include drinks.

**For further information and reservations, contact the Seduction holiday agency directly: Corso Italia, 258 - 80067 Sorrento (NA) Italy**

**Tel. 0039 / 081.807.46.07 - Fax 0039 / 081.807.44.86**

**e-mail: info@seduction.it / www.seduction.it -**

**Refer to the Unitam convention.**

Furthermore, for all those who wish to rent a car, the Organization has signed agreements with Hertz and Avis. Call the UNITAM office for the discount code needed to access the reduced rates.

**FOR MORE INFORMATION AND CONTACTS**

**E-mail**: **unitam@unitam.it**

# *UNITAM secretariat 3714264510*

# *Luigi Signore 3396893462*

Vitale Monti 3473165667

SEE YOU AT THE RACES *Endas Settore Nazionale*

*Unitam Song Moo Kwan Italia*

President

*Prof. Vitale Monti*